

|                                                                                   | Brand   | Model                            | Weight | Energy | Energy<br>in 100G | Carbs | Carbs in 100G | Sugars | Sugar/100G | Sodium  | Potassium | Magnesium | Calcium | Caffein | Amino<br>Acids | Beta<br>Alanine | Taurine | Flavours | Box<br>Price (\$) | Qty.<br>per Box | Unit<br>Price |
|-----------------------------------------------------------------------------------|---------|----------------------------------|--------|--------|-------------------|-------|---------------|--------|------------|---------|-----------|-----------|---------|---------|----------------|-----------------|---------|----------|-------------------|-----------------|---------------|
|    | GU      | Roctane                          | 32     | 100    | 312.5             | 21    | 65.7          | 6      | 18.8       | 125~180 | ✓         | 0         | 30~40   | 0~70    | 1425           | ✓               | ✓       | 8        | 72                | 24              | 3             |
|    | GU      | Original                         | 32     | 100    | 312.5             | 22    | 68.8          | 7      | 21.9       | 55~125  | 30~60     | 0         | 20~30   | 0~40    | 450            | 0               | 0       | 20       | 48                | 24              | 2             |
|    | SiS     | Beta Fuel + Nootropics           | 60     | 158    | 263.4             | 40    | 66.7          | 19     | 31.7       | 30      | 0         | 0         | 0       | 200     | 1000           | ✓               | ✓       | 4        | 90                | 30              | 3             |
|    | SiS     | Beta Fuel                        | 60     | 158    | 263.4             | 40    | 66.7          | 19     | 31.7       | 30      | 0         | 0         | 0       | 0       | 0              | 0               | 0       | 4        | 84                | 30              | 2.8           |
|    | SiS     | Go Isotonic Energy + Caffeine    | 60     | 85     | 141.7             | 21    | 35            | 0.7    | 1.2        | 40      | 0         | 0         | 0       | 75      | 0              | 0               | 0       | 6        | 78                | 30              | 2.6           |
|    | SiS     | Go Isotonic Energy + Electrolyte | 60     | 87     | 145               | 22    | 36.7          | 0.7    | 1.2        | 118     | 9.5       | 1.5       | 0       | 0       | 0              | 0               | 0       | 4        | 78                | 30              | 2.6           |
|    | SiS     | Go Isotonic Energy               | 60     | 87     | 145               | 22    | 36.7          | 0.6    | 1          | 10      | 0         | 0         | 0       | 0       | 0              | 0               | 0       | 23       | 46.6              | 20              | 2.33          |
|    | Maurten | Gel 160                          | 65     | 160    | 246.2             | 40    | 61.6          | 40     | 61.6       | 30      | 0         | 0         | 10      | 0       | 0              | 0               | 0       | 1        | 52                | 10              | 5.2           |
|    | Maurten | Gel 100 Caf 100                  | 40     | 100    | 250               | 25    | 62.5          | 25     | 62.5       | 22      | 0         | 0         | 6.4     | 100     | 0              | 0               | 0       | 1        | 52                | 12              | 4.34          |
|   | Maurten | Gel 100                          | 40     | 100    | 250               | 25    | 62.5          | 25     | 62.5       | 22      | 0         | 0         | 6.4     | 100     | 0              | 0               | 0       | 1        | 45                | 12              | 3.75          |
|  | WUP     | Boost NEO3                       | 45     | 104    | 231.2             | 26    | 57.8          | ?      | ?          | 0       | 0         | 0         | 0       | 0       | 0              | 0               | 0       | 2        | 18                | 14              | 1.29          |
|  | WUP     | Podium                           | 42     | 96     | 228.6             | 25    | 59.6          | ?      | ?          | 0       | 0         | 0         | 0       | 0       | 0              | 0               | 0       | 2        | 19                | 15              | 1.27          |
|  | WUP     | Podium (Caffeine)                | 40     | 96     | 240               | 24    | 60            | ?      | ?          | 0       | 0         | 0         | 0       | 50      | 0              | 0               | 0       | 1        | 20                | 16              | 1.25          |
|  | WUP     | Boost ISO                        | 45     | 96     | 213.4             | 25    | 55.6          | ?      | ?          | 81      | 40.5      | 40.5      | 0       | 0       | 0              | 0               | 0       | 2        | 18                | 14              | 1.29          |
|  | Bigjoy  | ONTHEGO Progel Caffe             | 60     | 96     | 160               | 24    | 40            | 0.8    | 1.4        | 60      | 0         | 0         | 0       | 150     | 0              | 0               | 0       | 1        | 18.5              | 24              | 0.78          |
|  | Bigjoy  | ONTHEGO Progel                   | 60     | 96     | 160               | 24    | 40            | 0.8    | 1.4        | 300     | 0         | 0         | 0       | 0       | 0              | 0               | 0       | 3        | 18.5              | 24              | 0.78          |